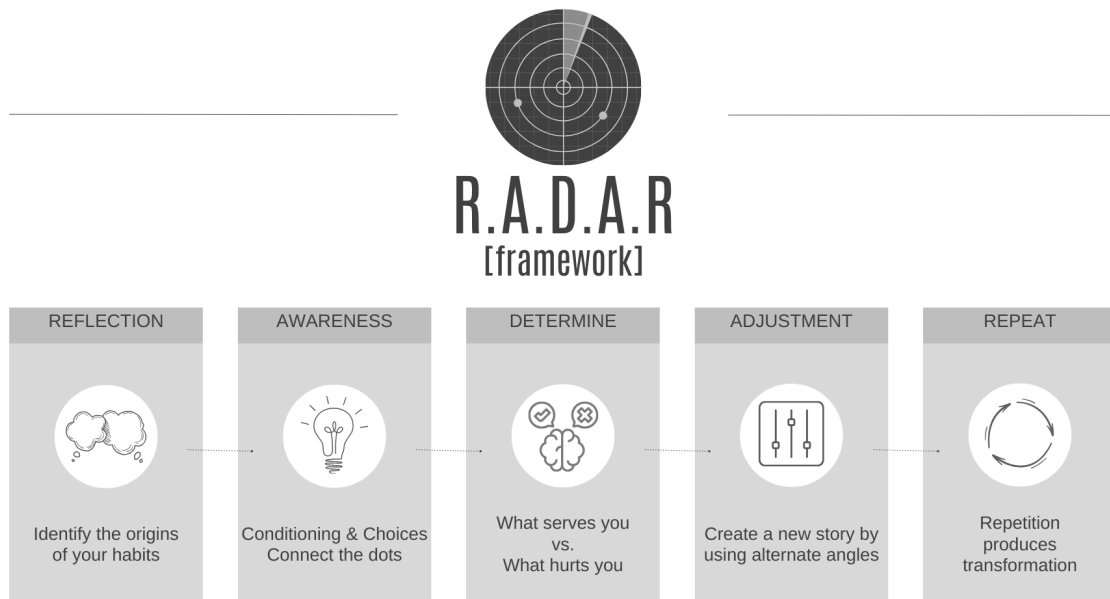


# R.A.D.A.R.

Identify the issue.  
Snuff out the sabotage.  
Coach yourself to your next level.

A Revolutionary Freedom™ Property



**For:**

The diligent, faith-driven, entrepreneurial professional  
finding yourself again (maybe for the first time) during the  
ever-changing seasons of life.

May *all* your God-inspired dreams come true.

I'm so glad you're here.

I hope and pray you get at least one thing that  
changes your life in these pages.

**To:**

Expose & eradicate blind spots  
Center back in on who you are  
Thrive through the trials  
Gain confidence in your next step

**By:**

[Adam Kasix](#)

[Revolutionary Freedom™ Coaching](#)

[Instigator Freed'em Podcast](#)

**R.A.D.A.R.**  
*notes for the road*

**My promise to you:**

If you're open-minded and want excellence over ego, *RADAR* is the only tool you need (beside prayer, of course) to

*\*\*expose* the subconscious blind spots that make you spin your wheels

*\*\*assassinate* that sneakyass sabotage

*\*\*fortify* your confidence and the direction you should go.

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*"If 'necessity is the mother of invention', then I needed to invent a tool that helped me stop tolerating the sabotage of my efforts. *RADAR* is the tool I was graciously gifted."*

- Adam Kasix

**A Story of No Longer Tolerating It**

Right there, on the beach during our 21st anniversary "second honeymoon" I was having a full-blown panic attack.

Tears streaming, teeth grinding, jaw clenching, and white-knuckle squeezing her hand in thigh depth emerald green water.

*Paralyzed...*with my wife, in a **foreign** country.

As a recovered IV drug abuser and Afghanistan combat veteran thriving through Post-Traumatic Stress, I had been locked up with anxiety before.

During our beautiful time of reconnection, my "radar" missed it.

I felt like our "25-years-together" trip was sabotaged and it happened through me.

Before the trip ended, I made a promise to myself:

"No more. Never again...if I can help it."

*But how do I find my blind spots without needing someone else to show me? **How do I know what I don't know?***

My therapists, coaches and mentors have been great, but they couldn't be with me around the clock.

They couldn't be in my bedroom, pointing out the innocent missteps causing confusion, when my wife and I were trying to figure out if we could make our marriage work.

And they couldn't be with me every time I got stuck in my professional efforts, looking for that breakthrough to the next level of my purpose. It's mine. Like yours is yours.

As my wife stirred the bubbling spaghetti sauce - six feet from me at the kitchen table - lightning struck. Okay, maybe not "lightning", but the answer came nonetheless.

It showed up exactly as I had felt it inside...a RADAR.

RADAR is a self-coaching tool that helps you condense time by answering the question:

*If I don't know what I don't know, **how can I know it?***

And the best part is you don't need anyone else to teach you, if that's what you'd like. Your RADAR has you covered.

It's a tool that can become so much a part of your natural flow that you start thinking you're smart enough to help others with it ;)

Plus, I've found I've not been able to annoy or overwhelm RADAR yet, unlike my wife, during spaghetti dinner telling her about my "lightning strike".

RADAR allows you to **predictably produce** the outcomes you want, while detaching emotionally, in a simple, completely versatile and repeatable way. All done according to your **priorities**, while **eliminating** everything that hinders you, including fear of what others might think or say.

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Your best days should always be ahead of you.

**RADAR is an awareness-accelerating asset that allows you to Enemy-proof your life and get on with your Calling. The RADAR self-coaching system is designed to free faith-driven professionals stuck in a tough season.**

**How** does RADAR do that?

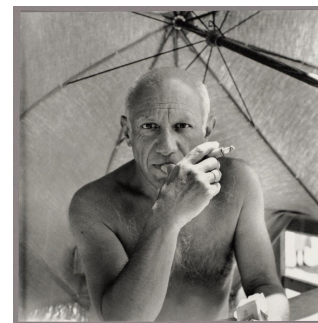
→ **The Five Ds**

*Detect, Discover, Defend, Destroy and Develop*

When setting your intention or mental approach going into this, it's really important that you give the same weight and *willingness* to **unlearn** things so you conquer new ground in life.

You cannot go to **new places** with **old thinking** and expect to live there. New wine goes in new skins.

So, first...



"Every act of creation is first of all an act of destruction."

**Pablo** Picasso

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## The Two Origins of Adversity

(Source: *The Divergent Deltas*™)

Expect both to occur as you use your RADAR.

External - Outside world: parents, relatives, authority figures, your network, The News, drug commercials, billboards, social media, etc.

Internal - From inside ourselves...our **thoughts** or "self-talk".

--**The Stories of Mis-taken Identity** and Undesired conditioning.

Eg. "To be successful, you must go to college so you can get a good job."

Eg. "That life isn't for people like us."

## --**Mentality-rooted Adversity**

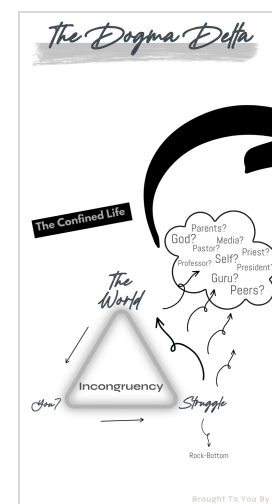
Does life happen to you or do you have some say?  
Are you a victim or do you own your choices?

Do you believe it can be 0% your fault, but it's always 100% your responsibility, as it relates to what's in your control?

Eg. "Every time I get a little bit ahead, something always happens."

Eg. "That's how I was raised."

Eg. "If they knew the real me, I'd be rejected."



You are born of **fire**. You know it. . .but you struggle to believe it. I get it - I struggled with it forEVER! Just keep soaking through these snappy sections.

### **--Spiritual Adversity**

Eg. "You're not meant for *that* life." (I was around people who preached this for so long, **I thought it was my thought** until RADAR exposed the B.S. for what it is.)

Eg. "God is not happy with me." (All-time classic dating back to the beginning for me.)

Eg. "I am too f\*cked up. Maybe even ... *cursed*." (That one was particularly haunting for me, personally.)

You have an Enemy that prowls like a roaring lion, looking to kill, steal & destroy anything and anyone he can, at all times.  
#NoDaysOff #FitLife

Seriously! *The Battle* is fought in only **one** place: *Your* mind

**Ponder:** Only by going into your darkness can you get out into your light.

# The **RADAR** Framework

→ To maximize your time and effort use The Identity Pathway™ along with RADAR to break through this tough season sooner, rather than later.

Grab a free call with me and I'll show you a strategic walk-through of the artsy-designed PDF so you can leverage it later.

After a half hour or so when we're done, it'll be yours to **keep**, no matter what. No strings, no slick salesy crap, or guilt trips ever.

Grab a fun free call

## Reflect

Shine light on sneaky sources of sabotage

**Notice** the pattern surrounding this undesired thing when it shows up.

What time of day?

On your way to work?

When you get home?

After weeks of discipline, you slip?

Had you been drinking alcohol or eating too much Mint Chocolate Chip ice cream? (I'll never admit it! ;)

After weeks or months of a great relationship, does something happen and it gets messed up?

Land a great job, but soon lose your initial enthusiasm.

Name one area where you tend to spin your wheels, get ahead then slide back some. This is a pattern you'd wish away if you had your own genie. You'll know you're on target if it's a source of frustration or persistent irritation.

→ \_\_\_\_\_



# Awareness

Think about it: New awareness unlocks new angles.

More Angles = More *Possibilities*

A person who's ever had their identity stolen, credit cards used by strangers or had their wallet lifted in public, knows the feeling of life being turned upside down, quickly and how it can leave you feeling confused, violated and even lost, depending on severity.

→ "Your" choices are usually your *conditioning* expressing **itself**. Read it again, please.

Your choices are usually not *yours*, but your *conditioning* expressing itself.

This is why you do things that you wish you didn't do.

Read that until you believe in the possibility that you TOOK ON more of "*their*" identity than you've realized.

Is it really *you* doing that thing or could it be ole Dad or dear Mom coming out?

Could it be your pastor or priest's thoughts?

How about your favorite News station seeping *through* you?

Read it again, if you need to. And simply consider a world where you've been a victim of mis-taken identity.

I propose that's why you "feel lost" more than you need to.

It's why you don't truly know who you are at your core.

That's why you do things you don't like or even know the reason why you do them.

**Those are the incongruencies to renovate or transform.**

**They are your sneaky saboteurs** keeping you relatively exactly where you've been for too long, other than a couple spikes in performance or results...only to settle back into your *familiar* zone again.

**What's one choice** you make or reaction you have that leads to an **undesired** outcome and that you can trace back to childhood, growing up?

→ \_\_\_\_\_

# Determine

Think about it: Whatever you tolerate, you get to keep.

Whatever you tolerate, you get to keep.

Regarding the choice or reaction you named, list an **undesired effect** (or more!) that has occurred in your life that are related.

*"Wow, I sound just like my dad!" - Adam (me)*

Notice what's going on inside you. Thoughts, feelings, stirrings, discomfort (that's okay), insights.

Determine if this is positive for your life or not, but remember: It's usually not an either/or issue.

**What's one thing** about the **undesired** results that needs to be changed, altered, adjusted, or eliminated?

→ \_\_\_\_\_

Asked another way:

**What's one thing** you *refuse* to continue tolerating?

→ \_\_\_\_\_

# Adjust

**Adjust** whatever needs adjusting so you can live your purpose better.

List one adjustment you can think of right now, that fits your vision.

→ \_\_\_\_\_

Wait a sec...You might be starting to think to yourself HOW you're going to go about all this . . .

## Next Level Thinking:

It is critically important to your success that you DO NOT consider "how" you'll do anything yet.

Consider this: You didn't know how to drive until you learned how...we humans don't know how before doing something, we learn how by doing something.

Try this instead: W.I.N.

All we have is *now*, so ask yourself, "What's Important Now?"

"What adjustment can I make **right now** that's effective (and easy, if possible)?"

You have ONE best course of action now, at this moment. What is it?

For better answers (more desirable results), ask better questions.

SO it's easy to remember:

Better Qs = Better As = More Fulfillment = Light Heart

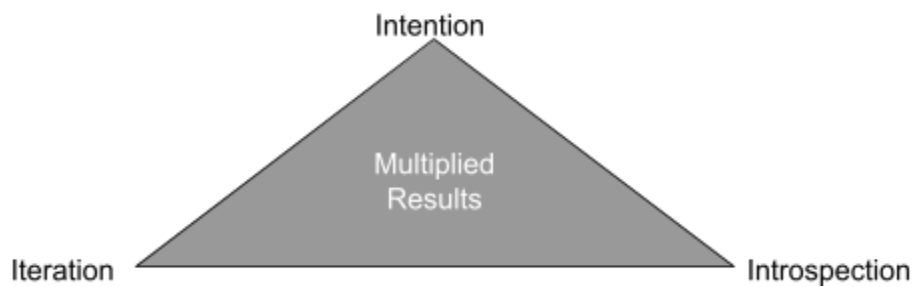
# Repeat

"Its simplicity *is* its power."

2 Types of Repetition: Intentional • Mindless

Repetition without intention is the shortcut to desperation.

Framework: *Repetition for Multiplication*



\*Guards against complacency, which leads to rote or mindless repetition...the kind that drains a soul of vibrancy.

**Each repetition of RADAR** should include all three elements of *Repetition for Multiplication*.

**Intention** (one specific thing)

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**Iteration** (what is the adjustment, or description of the next repetition or "rep")

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**Introspection** (Search your heart, apply what you notice)

Jot down one "introspective" observance now:

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**Practice** using your RADAR everywhere! Especially each time the unwanted pattern shows up.

You can totally do this. Whatever confusion, insecurity or uncertainty you're dealing with can be overcome in very little time. Get focused, set your intention and let 'er rip!

Monitor your RADAR! You got this.

If you'd like to brainstorm or get some other-worldly help, [grab a free call](#) with me.

Take the step.

Adam